

Davenport Parks and Recreation offers American Red Cross Learn to Swim Classes. For every level of Learn to Swim, our instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Each class is loaded with fun, engaging, and challenging activities that motivate children to want to perform and learn to swim.



AQUATIC CENTER INFORMATION

LOCATIONS:

Annie Wittenmyer Aquatics Center:
2828 Eastern Ave.
Fejervary Aquatics Center:
1900 Telegraph Rd.

DATES OF OPERATION:

June 2 - August 20
Rules are listed at each facility.
Aquatic Center capacity: 325

FEES:

Open Swim (\$5): Everyday 1-7PM
Lap Swim (\$2): Everyday 12-1PM and 7-8PM

PRICING SPECIALS

Fejervary | Wednesday BOGO
Annie Wittenmyer | Thursday BOGO

Learn to Swim Levels



Parent & Child level 1: Frogs



Parent & Child level 2: Turtles



Pre-level 1: Jellyfish



Pre-level 2: Squid



Pre-level 3: Octopus



Level 1: Clownfish



Level 2: Angelfish



Level 3: Swordfish



Level 4: Shark



Level 5: Orca Whale



Level 6: Blue Whale



Teen Beginner: Dolphin



Teen Intermediate: Black Marlin

Learn to Swim FAQs

Q: Do you have any baby swimming lessons?

A: Currently, there are parent and child lessons beginning at age 6 months.

Q: Am I allowed to get in the water with my child during lessons?

A: Staff ask that parents sit at the picnic tables so students have the opportunity to focus on their instructor and class once they are in pre-level and above classes. An exception to this are the Parent and Child lessons.

Q: How do I know what level to sign my child up for?

A: Please review the Learn To Swim descriptions for each level. Staff will determine if students need to be moved up or down a level during initial assessment.

Q: We took lessons last year, what level do I sign up for this year?

A: If the student has not been in a pool since the previous summer, it may be a good idea to start them at the same level they left off. However, if they have been keeping up with swimming, even a little bit, move them to the next level. If staff determine they need to be moved up or down a level during initial assessment, they will do so and let you know why they made that decision.

Q: What happens if my child doesn't pass?

A: Our goal is to ensure every child is learning all the skills they need to succeed in swimming for their safety. Staff give students multiple attempts to pass each skill before determining they are unable to pass. If a student does not pass the exit assessment staff will advise you as to why they did not pass and recommend they retake the current level.

Q: What happens if there is bad weather?

A: To get cancellation information call 563-888-8005 or visit davenportiowa.statusfy.com. Each pool will be assessed to determine how weather will influence the status of lessons. If lessons are canceled, they will be made up on Friday of the same week.

Q: What happens if we are going to be absent?

A: Please be aware there are no make-up days if your child is absent.

Q: What should I pack for my child's lessons?

A: Staff recommends students come ready to swim in their swimsuit. However, if you choose there are locker rooms on site. It is also recommend you bring a towel and sunscreen. You may bring an after lesson snack and drink (concessions are not open during lessons).

Q: My child is older, do you have any teen or adult lessons?

A: The teen and adult lessons start at beginners who do not know how to swim at all and may even be a little fearful of water. For those more comfortable in water, intermediate lessons are for those who are looking to learn the strokes and lifelong fitness.



CLASS DESCRIPTIONS

PARENT & CHILD AQUATICS

Parent and Child Aquatics familiarizes young children to the water and prepares them for swim courses. It is not designed to teach children to become good swimmers or to survive in the water on their own.

Parent and Child Aquatics give parents safety information and teaches techniques to help orient their children to the water. It also provides direction regarding how to supervise water activities in a responsible manner.

Both levels introduce basic skills to parents and children. Parents are taught to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and then try the skills. Children are introduced to basic skills that lay a foundation to help them learn to swim. Several water safety topics are also introduced that are directed to parents.

In both level one and two, a parent must be present for each child enrolled to maintain a one-on-one parent to child ratio. In a lower enrolled class, if two parents want to participate with one child that can be allowed on a case-by-case basis. Registration is required for the child only.

Fees: \$30 resident / \$38 non-resident

Parent & Child Level 1: 6-18 months

Parent & Child Level 2: 18 months-3 years

PRE-LEVEL 1

To help children feel comfortable in and around the water; to help develop good attitudes and safe practices around the water.

Ages: 3-5

Fees: \$30 resident / \$38 non-resident

PRE-LEVEL 2

To begin locomotion skills and explore simultaneous and alternating arm and leg actions on front and back.

Pre-requisite: Must have a Pre-level 1 certificate or be able to demonstrate all the completion requirements of Pre-level 1.

Ages: 3-5

Fees: \$30 resident / \$38 non-resident

PRE-LEVEL 3

To learn to effectively coordinate combined simultaneous arm and leg actions and alternating arm and leg actions.

Pre-requisite: Must have a Pre-level 2 certificate or be able to demonstrate all the completion requirements of Pre-level 2.

Ages: 3-5

Fees: \$30 resident / \$38 non-resident

LEVEL 1

To learn basic personal water safety information and skills, to help students feel comfortable in the water and to enjoy the water safely.

Pre-requisite: None.

Ages: 6-14

Fees: \$30 resident / \$38 non-resident

LEVEL 2

To give participants success with fundamental skills.

Pre-requisite: Must have a Level 1 certificate or be able to demonstrate all the completion requirements of Level 1.

Ages: 6-14

Fees: \$30 resident / \$38 non-resident

LEVEL 3

To learn survival float, elementary backstroke, coordinate front crawl; introduced to scissors and dolphin kick; build on fundamentals of treading water; begin headfirst entries (diving).

Pre-requisite: Must have a Level 2 certificate or be able to demonstrate all the completion requirements of Level 2.

Ages: 6-14

Fees: \$30 resident / \$38 non-resident

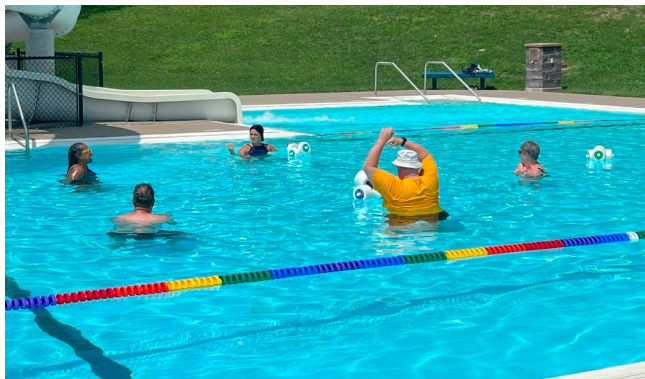
LEVEL 4

To develop confidence in strokes; learn sidestroke and butterfly, back crawl and breaststroke; turns are introduced.

Pre-requisite: Must have a Level 3 certificate or be able to demonstrate all the completion requirements of Level 3.

Ages: 6-14

Fees: \$30 resident / \$38 non-resident

**LEVEL 5**

To refine the student's front crawl, back crawl, butterfly, breaststroke, and elementary backstroke and sidestroke; flip turns are introduced.

Pre-requisite: Must have a Level 4 certificate or be able to demonstrate all the completion requirements of Level 4.

Ages: 6-14

Fees: \$30 resident / \$38 non-resident

LEVEL 6

To refine strokes so students swim them with more ease, efficiency, power and smoothness over greater distances. To teach students how to prevent aquatic emergencies in open water environments and to introduce and practice self-rescue techniques.

Pre-requisite: Must have a Level 5 certificate or be able to demonstrate all the completion requirements of Level 5.

Ages: 6-14

Fees: \$30 resident / \$38 non-resident

TEEN BEGINNER/ADULT BEGINNER

The Beginner classes are for swimmers who have never had a lesson or are not comfortable in deep water. Students will be taught the following skills: rhythmic breathing, crawl stroke, back crawl, and elementary back.

Ages: 14-17 (teens)/18+ (adults)

Fees: \$30 resident / \$38 non-resident

TEEN INTERMEDIATE/ADULT INTERMEDIATE

The Intermediate classes are for swimmers who have the equivalent skills of a Level 2. Students will swim laps while learning side stroke sculling, front dive, and perfecting the front crawl, back crawl, and elementary backstroke.

Ages: 14-17 (teens)/18+ (adults)

Fees: \$30 resident / \$38 non-resident

ADULT WATER CLASSES

Great cardiovascular workout including an endurance and flexibility portion intended to strengthen and tone muscles.

Ages: 18+

Fees: \$2 Drop-in OR

NEW \$30 per location or \$40 both locations

Water Aerobics

This aerobics class is designed to increase strength, flexibility, and joint mobility for those with arthritis or similar problems.

Tuesdays & Thursdays, 6/4-8/15 *No class 7/4

Location: Annie Wittenmyer Aquatic Center

Water Fitness

This fitness class combines strength training and aerobic conditioning with water resistance to give you an awesome overall body workout.

Monday & Wednesdays, 6/3-8/14

Location: Fejervary Aquatic Center

SCHEDULE OF CLASSES

SESSION DATES:

Monday-Thursday Sessions

Session 1: 6/3-6/13

Session 2: 6/17-6/27

Session 3: 7/8-7/18

NEW! Annie Wittenmyer Aquatic Center Only - Sessions 4 and 5

Session 4: 7/22-8/1

Session 5: 8/5-8/15

Monday & Wednesday Session: 6/3-8/14 (No classes: 7/1, 7/3, 7/29, 7/31)

Tuesday & Thursday Session: 6/4-8/15 (No classes: 7/2, 7/4, 7/30, 8/1)

Saturday Session: 7/8-8/10 (No classes: 7/6, 8/3)



DAY OF THE WEEK & TIME	PARENT & CHILD 1	PARENT & CHILD 2	PRE-LEVEL 1	PRE-LEVEL 2	PRE-LEVEL 3	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6
MON-THU											
9-9:50 AM			F	B		B	A	B	F	A	
10-10:50 AM			B	B	A	B	F	A		F	
11-11:50 AM			A		F	B	B	F	A		B
SAT											
9:30-9:45 AM	A										
9:45-10AM		A									
10-10:50 AM			A	A	A			A	A		
11-11:50AM						A	A			A	A

DAY OF THE WEEK & TIME	TEEN BEGINNER	TEEN INTERMEDIATE	ADULT BEGINNER	ADULT INTERMEDIATE
SAT				
11-11:50 AM	A	A		
12-12:50 PM			A	A

KEY:

A ANNIE WITTENMYER AQUATIC CENTER

F FEJERVARY AQUATIC CENTER

B BOTH AQUATIC CENTER LOCATIONS



LEARN TO SWIM